



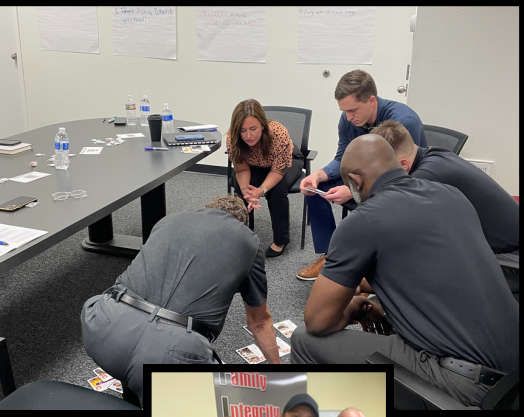
STOP CONFUSING  
Pressure & Stress

# WORKSHOPS

## Your business leaders need training that delivers real value.

Influence Coaching workshops deliver content covered in leadership coaching, and it does that at scale - allowing you to provide leadership development to a broader audience at less cost than enrolling everyone in individual coaching.

And because the content is based on over 10-years of coaching conversations and research, leaders receive time-tested and trustworthy knowledge and skills that makes a difference.

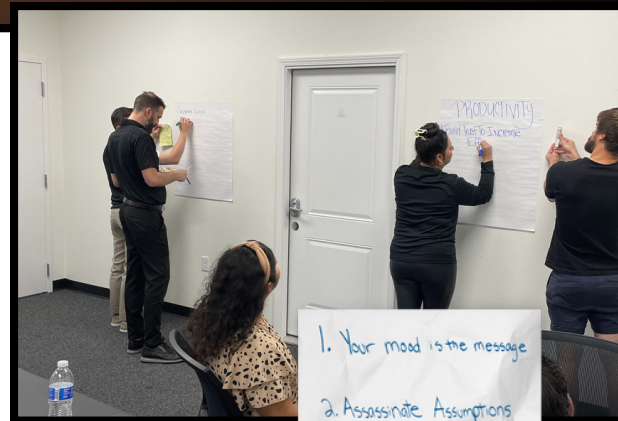


## Don't bore your leadership team with typical training!

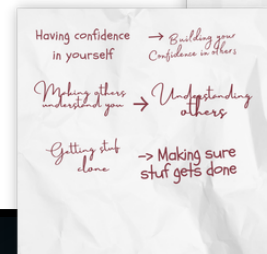
Typical training is just a talking head with power point slides. Influence Coaching workshops include games and activities, real-world stories, and interactive discussions about things that matter to your leaders!

Participants make actionable commitments by the end of the workshop, and they get workbooks to keep learning afterward.

You'll receive a follow-up report that provides participant feedback and suggestions for future actions, helping you understand your team's takeaways and their application plans.



1. Your mood is the message
2. Assess/rate Assumptions
3. Learn to speak the language of appreciation





# HOW TO BEAT BURNOUT

Stop burnout from harming your team and productivity.

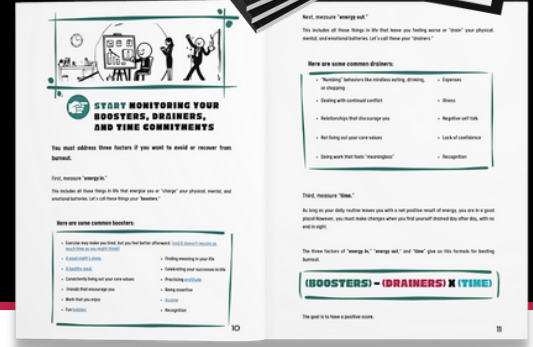
## Challenges Your Leaders Face:

Even good leaders can struggle with too many sick days and a constant feeling of being overwhelmed. That unmanaged stress can lead to turnover and lost productivity.



## Why This Workshop Is The Ideal Solution:

Dedicated leaders form the core of your organization. Losing them means more than just losing key players; it's about losing the spirit, wisdom, and trust that are tough and costly to rebuild. This workshop aims to nurture the leaders critical to your company culture.



# FUNDAMENTAL SHIFTS

Equip leaders to boost motivation and productivity through better communication.

## Challenges Your Leaders Face:

Earning a promotion often reflects individual achievement. However, advancing roles in leadership requires a new set of skills to be successful. Under stress, the fallback to familiar habits can lead to overwhelm and derailment for the team.



## Why This Workshop Is The Ideal Solution:

This workshop provides essential mindset and skill shifts in motivation, communication, and productivity, transforming leadership approaches. It's designed to equip leaders for their new roles, ensuring they and their teams thrive.



# CONFLICT TO COLLABORATION

Prevent disruptions and build a cohesive team.

## Challenges Your Leaders Face:

Often, we're only taught a few ways to resolve conflicts, which may not apply in professional settings. Ignoring conflicts can accumulate into "debt," driving teams to a point of "relational bankruptcy" and requiring significant changes for resolution.



## Why This Workshop Is The Ideal Solution:

This workshop emphasizes the importance of productive conflict, essential for high-performing teams to bring out top ideas and actions. By mastering conflict management, teams can unlock their full potential, fostering innovation and cooperation.



Dr. Stanley Ward

